

# SOLENA

## SALT FOR THE HEALTHY FOOD

WITH THE LOW CONTENT OF SODIUM

**+POTASSIUM +MICROELEMENTS**



**ESPECIALLY NECESSARY FOR THE PEOPLE  
WHO HAS HIGH BLOOD PRESSURE**

**CONCENTRATE OF KELP -  
SOURCE OF ORGANIC IODINE**

**MAGNESIUM, SELENIUM, CHROMIUM, ZINC  
IN CITRATE (BIOAVAILABLE) FORM**

# SALT + POTASSIUM

WITH THE LOW SODIUM CONTENT

Salt with a reduced sodium content in which 30% of the sodium chloride has been replaced with a potassium chloride. Is made on the basis of the kitchen food salt, grade "Extra".

## COMPOSITION

**30% POTASSIUM Chloride, 70% SODIUM Chloride.**

## PROPERTIES

Improves heart function, nervous and muscular system, helps to reduce swelling, excess the fluid from the body.

Normalizes the general physical condition, stimulates metabolism, increases vitality and efficiency.

## INDICATIONS

- Instead of the usual salt for normalization of sodium and potassium usage, water-salt balance;
- For the people with arterial hypertension, for normalization of blood pressure, weight; improvement of the heart and kidneys.



# SALT + POTASSIUM, KELP

## WITH THE LOW SODIUM CONTENT

Salt with potassium and kelp concentrate. Is made on the basis of stone food salt, grade 1, grinding 1.

### COMPOSITION

**30% POTASSIUM Chloride, 70% SODIUM Chloride**, ultra-crushed kelp.

### PROPERTIES

Helps to support the acid-alkaline, electrolyte and potassium and sodium balance in the human body.

The addition of ultra-crushed kelp makes it possible to compensate the lack of organic iodine.

### INDICATIONS

- Instead of usual salt for normalization of sodium and potassium usage, water-salt balance.
- For the prevention of diseases caused by iodine deficiency.
- For the people with arterial hypertension for the normalization of blood pressure, weight, improvement of the heart and kidneys.



# SEA SALT + POTASSIUM

WITH THE LOW SODIUM CONTENT

Sea salt with a reduced sodium content in which 30% of the sodium chloride is replaced by potassium chloride. Is made on the basis of kitchen sea salt, grinding 1.

## COMPOSITION

**30% POTASSIUM Chloride, 70% SODIUM Chloride.**

## PROPERTIES

Improves heart function, nervous and muscular systems, reduces swelling, excesses the fluid from the body.

Normalizes the general physical condition, stimulates metabolism, increases vitality and efficiency.

## INDICATIONS

- Instead of the usual salt for normalization of sodium and potassium usage, water-salt balance.
- For the people with arterial hypertension, for the normalization of blood pressure, weight, improvement of the heart and kidneys.



700g

# IODIZED SEA SALT + POTASSIUM, MAGNESIUM

WITH THE LOW SODIUM CONTENT

Sea salt with a reduced sodium content in which 30% of the sodium chloride is replaced by potassium chloride. Is made on the basis of kitchen sea salt, grinding 1.

## COMPOSITION

**30% POTASSIUM Chloride, 70% SODIUM Chloride.**

## PROPERTIES

Improves heart function, nervous and muscular systems, reduces swelling, excesses the fluid from the body.

Normalizes the general physical condition, stimulates metabolism, increases vitality and efficiency.

## INDICATIONS

- Instead of the usual salt for normalization of sodium and potassium usage, water-salt balance.
- For the people with arterial hypertension, for the normalization of blood pressure, weight, improvement of the heart and kidneys.



# IODIZED SEA SALT + POTASSIUM, MAGNESIUM

## WITH THE LOW SODIUM CONTENT

Iodized sea salt with a reduced sodium content, grinding 1, in which 30% of the sodium chloride is replaced by potassium chloride. Also added potassium iodate and magnesium sulfate.

### COMPOSITION

In 100 g of salt: POTASSIUM - 15 g, SODIUM - 25.5 g, MAGNESIUM - 0.5 g, IODINE - 4.0 mg.

### PROPERTIES

Improves heart function, nervous and muscular systems, reduces swelling, excesses the fluid from the body.

Compensates the lack of iodine in food.

Magnesium is involved in all immune processes as an anti-toxic, anti-stress element.

### INDICATION

- Instead of common salt; to normalize sodium and potassium intake, maintain water-salt balance;
- For the prevention of diseases caused by iodine deficiency;
- For the people with arterial hypertension, for the normalization of blood pressure, weight, improvement of the heart and kidneys.



# IODIZED SALT + POTASSIUM, MAGNESIUM

WITH THE LOW SODIUM CONTENT

Iodized kitchen salt grade "EXTRA" with a reduced sodium content in which 30% of the sodium chloride is replaced by potassium chloride. Also added potassium iodate and magnesium sulfate.

## COMPOSITION

In 100 g of salt: POTASSIUM - 15 g, SODIUM - 25.5 g, MAGNESIUM - 0.5 g, IODINE - 4.0 mg.

## PROPERTIES

Improves heart function, nervous and muscular systems, reduces swelling, excesses the fluid from the body.

Compensates the lack of iodine in food.

Magnesium is involved in all immune processes as an anti-toxic, anti-stress element.

## INDICATION

- Instead of common salt; to normalize sodium and potassium intake, maintain water-salt balance;
- For the prevention of diseases caused by iodine deficiency;
- For the people with arterial hypertension, for the normalization of blood pressure, weight, improvement of the heart and kidneys.



# SALT + POTASSIUM, IODINE, SELENIUM

WITH THE LOW SODIUM CONTENT

Food salt with a reduced sodium content, with potassium, iodine and selenium. Is made on the basis of stone food salt, grade 1, grinding 1.

## COMPOSITION

In 100g: POTASSIUM - 30g, SODIUM chloride - 70g, citrated IODINE - 0.2 mg, Citrated SELENIUM - 0.1 mg.

## PROPERTIES

Iodine and selenium are necessary for the formation, activation and metabolism of thyroid hormones. These microelements strengthen the immune defense of the body, normalize metabolic processes, increase life expectancy.

## INDICATION

- For disease prevention caused by iodine and selenium deficiency, for normalization of sodium and potassium usage, water-salt balance;
- For the people with arterial hypertension, for the normalization of blood pressure, weight, improvement of the heart and kidneys.



# SALT + POTASSIUM, MAGNESIUM

WITH THE LOW SODIUM CONTENT

Kitchen food salt with a reduced sodium content in which 30% of sodium chloride is replaced by potassium chloride with addition of magnesium in a citrate (bioavailable) form. Is made on the basis of food salt grade "Extra".

## COMPOSITION

**27% POTASSIUM Chloride, 70% SODIUM Chloride, 3% MAGNESIUM citrate.**

## PROPERTIES

Improves heart functioning, nervous and muscular system, excess of fluid from the body, reduces swelling. Normalizes the general physical condition, stimulates metabolism, increases vitality and efficiency.

## INDICATION

- For diseases prevention caused by magnesium deficiency; for normalization of sodium and potassium usage, water-salt balance.
- For the people with arterial hypertension, for normalization of blood pressure, weight, improvement of the heart and kidneys.



# SALT + POTASSIUM, MAGNESIUM, SELENIUM

WITH THE LOW SODIUM CONTENT

Kitchen food salt in which 30% of sodium chloride is replaced by potassium chloride, with addition of magnesium and selenium in citrate (bioavailable) form. Is made on the basis of food salt, grade "Extra".

## COMPOSITION

In 100g: POTASSIUM chloride - 28g, SODIUM chloride - 67g, MAGNESIUM (citrate) - 5g, SELENIUM (citrate) - 0.1 mg.

## PROPERTIES

An additional source of deficient minerals in the diet of selenium, magnesium and potassium. For the prevention of diseases caused by a deficiency of these microelements. Fortifying, radioprotective and antioxidant effect.

Magnesium is involved in all immune processes as an anti-toxic, anti-stress element.

Selenium deficiency accelerates the development of atherosclerosis, increases the likelihood of myocardial infarction, provokes the accelerated development of cardiomyopathy.

## INDICATION

- Instead of usual salt for normalization of sodium and potassium usage, water-salt balance; For normalization of blood pressure, weight, improvement of the heart and kidneys.
- For disease prevention caused by potassium, magnesium and selenium deficiency.



# SALT + MAGNESIUM, SELENIUM, CHROME, ZINC

FOR PEOPLE WHO CONTROL THE SUGAR LEVEL IN THE BLOOD

Kitchen salt grade "Extra" with the addition of unique micro element complex in citrate (bio-available) form for diabetics.

## COMPOSITION

In 100 g of salt: MAGNESIUM - 550 mg, SELENIUM - 0.1 mg, CHROME - 0.07 mg, ZINC - 21 mg.

## PROPERTIES

The diet of diabetics has significant limitations, which leads to a deficiency of micro elements, especially selenium, chromium, magnesium and zinc.

By structure and chemical purity, the micro elements of the complex are close to the compounds synthesized in living cells.

## INDICATION

- Instead of the usual salt for the people who control the sugar level in the blood.
- For disease prevention caused by magnesium, selenium, chromium and zinc deficiency.



# SALT SOLENA IS AN INNOVATIVE HEALTHY FOOD PRODUCT

Since 2014, the company **VEND** has started the production of **food salt mixtures with the addition of potassium and micro elements** under the trade mark **SOLENA salt**.

The production of **SOLENA salt** was due to the need to reduce sodium salt intake to the norm and reduce potassium deficiency in the diet. As well as a lack of micro elements such as **magnesium, selenium, zinc, chromium and iodine** in the diet.

In the year 2020, the **World Health Organization (WHO)** urged countries in the European region to **support the use of potassium salt**, like **SOLENA**, instead of sodium salt in the foods.

The salt **SOLENA** is a mixture of sodium, potassium salts and micro elements deficient in diet. Such salt is often called reduced sodium salt enriched with potassium or hyponosodium salt.

Salt, similar to **SOLENA** salt, contributed to the successful implementation of the Finnish health improvement program - North Karelia.

One of the main objectives of the program was to reduce the usage of sodium salt by the population by replacing of the sodium salt with salt, in which part of the sodium salt was replaced with potassium salt. This salt has been used since school meals.

*Today more than 10 different types of SOLENA salt are produced. The salt is certified in the Institute of Hygiene and Medical Ecology named after Marzeeva of the National Academy of Medical Sciences of Ukraine, has conclusion of the State Sanitary and Epidemiological Examination of the Ministry of Health of Ukraine dd. 07.11.2014, No. 05.03.02-06 / 68073.*

*Transparent 700g jars with SOLENA salt are sealed with aluminum foil and closed with a lid. Salt in transparent 140-145g bottles has a strainer, closed with a lid with protection against reopening. Shelf life is 2 years.*

This method paid off and the usage of the sodium salt decreased from 15g to 9g per person, and mortality from cardiovascular diseases in this part of Finland decreased by 7-10 times. At the same time, life expectancy increased by 13 years (from 68 to 81).

**Everyone needs SOLENA salt for a healthy diet and prevention of hypertension.**

The uniqueness of the SOLENA salt is lies in the fact that in addition to adding potassium, as is done in other countries, the SOLENA salt is enriched with micro elements in a citrate (bioavailable) form.

Supplementation of the ultra-crushed kelp containing organic iodine and citrated iodine and selenium helps prevent thyroid disease.

**Salt SOLENA** enriched with magnesium, selenium, zinc and chromium **is essential for people** who control blood sugar levels.

Replacing ordinary salt in the diet with **SOLENA salt will several times reduce the likelihood of cardiovascular diseases and help to normalize blood pressure.**

**SOLENA SALT ON THE TABLE - HEALTH IN FAMILY!**

More information: **SOLENA.UA**